

# Planets as helpers and healers handout

## PLANETS AS HELPERS AND HEALERS

"That is perfect, this is perfect. Perfect comes from perfect.  
Take perfect from perfect, the remainder is perfect.  
May peace and peace and peace be everywhere" - Eesha-Upanishad

Taken from 1st chapter of the Upanishads attached to ancient wisdom of Indian called Veda which means knowledge.

Vedic Astrology (Jyotish) is a Divine Science given to us by Maharishi (great sages) of India for the material as well as the spiritual wellbeing of mankind. Their teaching outline the correspondence between the movement of the PLANETS and the EVENTS in our lives.

PLANETS bring about our changing attitudes and needs as time passes. **A planet shows our means to achieve a purpose. All that we do is our spiritual path and they are our helpers. They behave according to their nature which can be cruel or kind.**

For example, when Saturn gets activated within us it will be expressed by those around us also. His role is to teach us self-restraint or how to be more disciplined in our lives and therefore we may decide to join a yoga class as a way to befriend him. The more resistance we have the more painful the lessons become until we are able to welcome all the planets as friends and give thanks for the opportunities they bring. Astrology gives us a timeline when these planetary changes are likely to occur.

My name is Pearl Finn, ([pearlfinnastronomy@gmail.com](mailto:pearlfinnastronomy@gmail.com) or 0872441502) formerly of Pearls of Wisdom, Quay Street. If you're too young to remember, it was a place where you could ask questions no one else wanted to hear or could answer, which is what made me an ardent student of Vedic astrologer.

Understanding the concept of Karma is difficult in a culture which doesn't believe in reincarnation or the concept that we have to live a million years disease free before we can achieve self-realisation.

SANCHITA karma is a build-up of all we have ever done over many many lifetimes

PRARABDHA Karma is portion we have chosen to work on in this lifetime as seen from the planets positions in a birth chart

KRIYAMANA Karma shows the choices we make based on circumstances and our free-will - yes we do have the power to uplift or degrade ourselves depending on our discipline and spiritual practise. Astrology gives guidelines through annual charts and question

AGAMA Karma is a means of planning for the future by choosing the best time for an event. For example, choosing Friday, ruled by Venus for a first date.

DESIRE is what compels us on to achieve and it is desire which continues to cause our rebirth. This is why we must be careful what we wish for because by the time we manifest it we may not want that particular man or that job etc...

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